

Personal Year 11 Reflection Worksheet

Theme: Intuition & Illumination

What experiences or practices help me feel connected to something greater than myself?

How can I create space for quiet so I can better hear my inner voice?

What dreams, visions, or inner nudges have felt significant to me lately?

When have I trusted — or ignored — my intuition, and what did I learn?

What creative impulses or inspirations feel especially alive for me right now?

How can I share my insights or experiences in ways that may support or inspire others?

What helps me stay grounded when I feel sensitive or overwhelmed?

Where in my life do I sense the possibility of new beginnings through spiritual or creative growth?

What does living with greater trust in my inner guidance look like in everyday life?
